

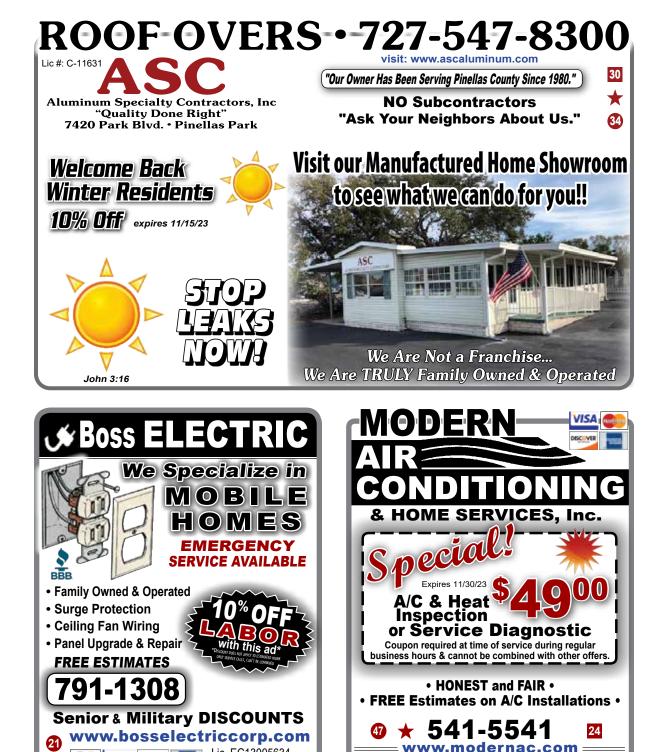
=\_\_\_\_\_\_\_∎Certified years in business ==\_\_\_\_\_\_\_No complaints unresolved ==\_\_\_\_\_\_\_∎Years in Monthly Media ===

### FOR AD RATES & INFO 727-484-7488 • info@monthly-media.com

## **HOA OFFICERS**

President	Cheryl Doty	727-417-7718		
Vice President	Tammy Tynan	519-751-8408		
Treasurer	Aimee Stuyvesant	727-200-8917		
Ass't Teasurer	TBD			
Secretary	Tricia Lasisomphone	315-542-8928		
Activities Director	in search of			
Park Office		7-582-2850		
Shangri La Star Newsletterby Cheryl Doty				





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## **GREETINGS FROM THE MANAGEMENT OFFICE**

Just a reminder of a few things: There is to be no pets allowed in the clubhouse. As per the prospectus 12.8 Pets are specifically prohibited from the office and from other Community or recreations buildings or facilities. Please DO NOT

feed the cats around the community as stated in the previous letter Pinellas County has a huge problem with feral cats and feeding them just enhances the problem. We will be starting the 360 inspections sometime within the next month so its time to make sure your home is looking its best! Please refer to Section 7 & 10 of the prospectus to see what is and is not allowed. Thank you for adhering to these rules.

## **MESSAGE FROM OUR HOA PRESIDENT**

ello everyone! The cool weather is finally returning! The November HOA meeting is on Thursday, the 2nd at 6 p.m.

At this meeting the Nominating committee will remove the sign up sheet to run for the Board to prepare the ballots for December. If you wish to run please sign-up before the meeting. Welcome back to all our northern friends that have returned!

Welcome Back Our Northern Friends.... We're Glad You're Here

Florida

It's been a long hot summer!

We are still looking for an Activities Director. No experience necessary.

We will be better! Enjoy! CC Lot 59

## TRANSPORTATION FOR SENIORS

Teighborly Transportation is available for adults 60 and older.

Door-to-door service

Courteous drivers

Wheelchair accessible buses

Transportation available to: Medical appointments in Pinellas County - Group grocery shopping (6 or more participants) Group dining, shopping, or fun outings (6 or more participants)

All medical appointments must be within 10 miles of your home, and the trip scheduled at least two business days in advance. Special events require at least 5 days advanced notice. There is no charge for services – donations are accepted. You must register with Neighborly prior to scheduling a ride. Visit neighborly.org or call: (727) 573-9444 for more information - Business Hours: 8am-5pm, Monday - Friday









## Sunrise To Sunset, Be Sun Smart!

Call To Schedule Your Free Skin Cancer Screening! New Patients Only | Only Offer Expires 1/31/24 | Code - MM



Trust is more than skin deep www.FLDSCC.com **Belleair** | **727.446.6217** 609 Indian Rocks Rd., Belleair, FL 33756

**Pinellas Park** | **727.548.9196** 6020 Park Blvd., Pinellas Park, FL 33781



SHANGRI LA STAR NOVEMBER, 2023 S

## \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

## **FREE HEALTHCARE – CLEARWATER FREE CLINIC**

S ince 1977, the Clearwater Free Clinic has provide problem oriented healthcare to low income, uninsured residents of upper Pinellas County by means of office visits, medications, lab work, x-rays and specialty referrals. The Clinic, a volunteer driven non-profit, non government medical

facility, provides primary healthcare at no cost to those who do not qualify for government assistance, and who cannot afford private medfical care. 1218 Court St., Clearwater-727-447-3041

## SHANGRI-LA SECOND SATURDAY BOOK CLUB

isa Vachon will be hosting a monthly book club starting at 10 a.m. on Saturday November 11th! Come and Join us for coffee, tea and great books!! If you need help getting any books that are chosen

please let Lisa or CC know. We will be reading one book a month and at each meeting we will choose a new book to read.

The first book is "The Guest List" by Lucy Foley. It looks like a great murder mystery. Please join us! Thanks to Lisa for this great idea and hosting it! Hope to see you there.

## ACTIVITIES

Version over the second second

Tow do you scare a Panda? with some Bam BOO!









**JOKE** 



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#### \_\_\_\_\_\_ `\*

## **RECIPE:**

Rustic Bread - The easiest bread you'll ever make!

- 4 cups All Purpose Flour
- 2 tsp sugar
- 2 tsp salt
- 2 tsp Instant Yeast (1 packet)
- 2 cups lukewarm water (105 to 110 degrees)



Add one packet or 2 tsp of yeast to the 2 cups of water and let the yeast activate. It will appear foamy.

In a seperate bowl add flour, salt, and sugar. Mix in the yeast and water and work until mixed. This will be a sticky dough.

Butter two bowls, divide the dough in half and place in each bowl. Cover with a towel and let rise in a warm place for about an hour. Butter two loaf pans, punch down dough, place into loaf pans and let rise again.

Preheat oven to 425 degrees and bake bread for 15 minutes.

If you are using a round ceramic baking dish reduce the heat to 375 degrees for 15 to 17 minutes.

If you've got a recipe you think we'll all like, please share. ShangriLaStar2023@gmail.com





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# **SUB-FLOOR & FLOORING EXPERTS!**

#### **COVID-19 NOTICE:**

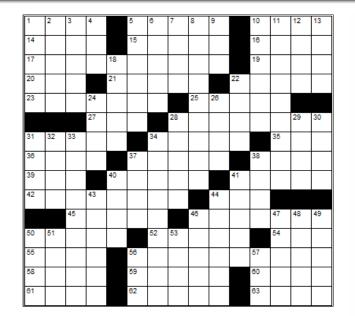
We are taking as many precautions as we can to ensure not only our workers safety but yours as well. We are checking employee temperatures daily, limiting contact between crews, and offering no customer contact if you choose. We are an "Essential Business" and here for you when you need us.



### \*

#### ACROSS

- 1. Small containers
- 5. Personnel
- 10. Circle fragments
- 14. Brews
- 15. Reef material
- 16. Arid
- 17. Writing paper
- 19. Gush forth
- 20. Be mistaken
- 21. The best people or things
- 22. Femme fatale
- 23. Dawdled
- 25. Domicile
- 27. N N N
- 28. Assembled in one place
- 31. Thin person
- 34. Legal setting
- 35. Chapter in history
- 36. Durable wood
- 37. Nonpoetic writing
- 38. Make a sweater
- 39. Commercials
- 40. High-pitched woodwind
- instrument
- 41. Waits
- 42. Chide
- 44. Encountered
- 45. Sesame
- 46. Illness
- 50. Select by voting
- 52. Ice a cake
- 54. Needlefish
- 55. Telegram
- 56. Blending
- 58. Makes a mistake
- 59. Mistake
- 60. Countertenor
- 61. Articulates
- 62. File
- 63. Kind of moss



#### DOWN

- 1. Enclosed
- 2. Extreme
- 3. Necklace item
- 4. Supersonic transport
- 5. A large amount
- 6. In shape
- 7. District
- 8. Farmer's home
- 9. Travel by plane
- 10. Help
- 11. Criticize
- 12. Algonquian Indian
- 13. Stitched

- 18. Sugarcoating
- 22. Tallow source
- 24. Fluid escape 26. Beast
- 20. Beast
- 28. Bicuspid
- 29. A Great Lake
- 30. Rodents
- 31. Asterisk
- 32. Formally surrender 33. Boo or hiss
- 33. Boo or hiss
- 34. Shaped like a cross
- 37. Scheme
- 38. Toy with a tail

- 40. Typeface
- 41. Beats 43. Alcove
- 44. Woe
- 46. Sorrow
- 40. Sonow 47. Nimble
- 47. Nimble
- 48. Father Christmas
- 49. Grain disease 50. Flock members
- 51. Former Italian
- currency
- 53. Scarce
- 55. Scar 56. C

8

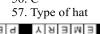
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# November Crossword

I Am So Grateful Month. Nov. 1–30. To give thanks and count your blessings daily. For more information, browse www.nancyjlewis.com.

Lung Cancer Awareness Month. Nov. 1–30. To increase awareness of the need for screening, early detection, research and compassion for lung cancer survivors. For more information browse www.alcase.org.

National Hospice Month. Nov. 1–30. To promote greater awareness of hospice care and the advantages it offers. For more information, browse www.nahc.org.

#### Weekly

World Communication Week. Nov. 1–7. To stress the importance of communication among the more than 6 billion human beings in the world who speak more than

3,000 languages and to increase the use of the international language Esperanto. For more information, browse www.friendshipandgoodwill.org.

National Animal Shelter Appreciation Week. November 5–11.

To recognize the indispensable role that animal shelters play in maintaining the safety and health of a community — for all of its residents. For more information, browse www.groveparkinn.com.

Better Conversation Week. Nov. 20–26. To focus on making better conversations with friends and relatives. For more information, browse www.conversation-matters.com.

#### Daily

Veterans Day. Nov. 11. Formerly called Armistice Day.

Prematurity Awareness Day. Nov. 17. To alert Americans to the problem of premature birth (before 37 weeks).

Prematurity is the leading cause of newborn death (before the first month in life). For more information, browse www.marchofdimes.com.

Thanksgiving Day. Nov. 24.

## \*\*\*\*\* November Calendar

#### Monthly

merican Diabetes Month. Nov. 1–30. To communicate the seriousness of diabetes and the importance of proper diabetes control and treatment. For more information, browse www.diabetes.org.

**Epilepsy Awareness Month. Nov. 1–30**. To increase public awareness that despite dramatic gains in treatment, epilepsy is a serious and chronic health condition for which there is no cure. For more information, browse www.epilepsyfoundation.org.

Family Stories Month. Nov. 1–30. November starts out with crisper weather and ends with the gathering of family and friends around the table, which makes it the perfect month to start telling and saving family stories. For more information, browse www.scrapbookstorytelling.com.







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Did You Know?

A coyote can hear a mouse moving almost a foot under the snow?

Monkeys can go bald in old age, just like humans?

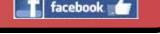
Manatees can actually swim up to 20 MPH?

# AND..... Your community receives this newsletter for FREE because of these business sponsors!

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E & E Gliddon, Inc	727-546-4343
Modern A/C Service Co.	727-541-5541
APPLIANCE REPAIR	
Rick's Appliance Repair	727-637-4789
AUTO BUY/SELL	
Bill Your Car Guy Stingrays Inc (CASH NOW)	727-729-2322
Stingravs Inc (CASH NOW)	727-798-2921
AWNINGS	
Bay Area Aluminum Services, Inc	727-585-4442
Century Awnings Co.	727-559-8811
ATTORNEY	
Law Offices of Paul Herzfeld	727-587-0009
BLINDS & DRAPERIES	
Rod Runners	727-394-9534
	121 001 0001
Gulf Rent-A-Car	727-446-2855
	121 440 2000
Bill the Carpet Guy	727-521-4163
Doll Brothers Carpet/Upholstery Clnrs.	727-596-2249
CLEANING/INTERIOR	121 000 2240
Got Dirt? Call Dirty lil	774-225-1225
DERMATOLOGIST	114-220-1220
Florida Dermatology & Skin Cancer	727-5/8-0106
DOCTOR - INTERNAL MEDICINE	121-040-0100
	777 588 0572
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INSURANCE: HEALTH	
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KITCHEN CABINET REFACING	
Swailes Re-Face It, LLC	. 727-804-1689
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Citrus Homes/Meadowood Homes	
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Federation of MH Owners (FMO)	. 321-214-4300
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Community Roofing of Florida, Inc	. 727-536-9999
ROOF REPLACEMENT	~~~ ~~~ ~~~~
All Weather Roofing1	-800-297-3758
AMS Advanced MH Systems	. /2/-4/1-0820
ASC Aluminum Specialty Contr	. 727-547-8300
ROOM ADDITIONS	
Bay Area Aluminum Services, Inc	. 727-585-4442
TAXI/SHUTTLE	
Kevin's Town Car Service	. 727-244-3848
TIE DOWNS/MOBILE HOMES	707 000 7004
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TRAVEL/VACATION Travel Is Fun	707 047 4000
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	707 474 0000
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ASC Aluminum Specialty Contr.	
Flanagan's Porch & Windows	.121-581-4161



#### ER•2 Sunday Monday December МТWТ S S F 9 3 5 7 8 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 5 6 Shufflet Cornhole 5:00pm Bingo a James Kulig, lot 46 Shelly 8 Annive **Daylight Savings Time** Ends Ele 12 13 Cornhole 5:00pm Shuffleb Bingo a 19 20 Shufflet Cornhole 5:00pm Bingo a 26 27 Shufflet Cornhole 5:00pm Bingo a Tim Sheimo, Lot 149

# Shangri La Star

uesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4
7 ooard 10:00am t 7 p.m. c Alice King csary, lot 69	8	9	10	11
ction Day				Veteran's Day
14 ooard 10:00am t 7 p.m.	15 Dale & Janis Jones Anniversary, Lot 22	16	17	18
21 ooard 10:00am t 7 p.m.	22	23 Bob Doty, lot 59 Thanksgiving Day	24	25
28 oard 10:00am t 7 p.m.	29	30		







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## A prescription that came in handy

doctor recalls that one of his colleagues once wrote a prescription with the same degree of legibility that most prescriptions employ. The patient proceeded over the next three years to use the

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prescription as a train pass; he used it twice to get into the Metropolitan Opera. It also came in handy as a letter of recommendation, from whence he acquired a new and better paying job. But the grand finale was when he gave it to a piano student, who played it beautifully, and won a scholarship to Juilliard.

## The case of the thrifty widow

here was once a thrifty widow who wanted the town's most venerable minister to perform the eulogy for her husband.

The minister said that he would be delighted to deliver a rousing eulogy that would enshrine her dearly departed to all who heard his words — for \$500.

The thrifty widow thought for a moment and asked the minister if he could do the eulogy for less.

The minister replied that he could do a rather nice piece on her husband that would bring the audience to tears and keep her husband in their hearts for years to come—for \$250.

The widow thought about this for a moment and asked the minister if he could do the eulogy for \$75.

The minister said that he would be happy to do the eulogy, "but for that price, I will be forced to tell the truth about your husband."

## A little horn humor

id you hear about the French horn player whose toupee fell into his instrument? He spent the rest of the night blowing his top.

#### On marriage

After a few years of marriage, a man can look right at a woman without seeing her and a woman can see right through a man without looking at him. — Helen Rowland









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## Bringing her home to meet the folks

young philosophy student brought home his fiancée, a theology student, to meet his parents. All four of them sat in the living room for a chat and after a while the mother excused herself and her son went along with her to help in the kitchen.



The father asked the girl how the two of them planned on earning their bread in the world. The girl, who was quite religious, said, "I'm not sure—but God will provide us with all we need."

The father asked the girl if they had been able to save enough money from their side jobs to survive the first few months of being on their own and buy a car. The girl answered that they had not, but that she was absolutely sure that God would provide them with whatever they would need.

The father asked her where they planned on living after graduation, and the girl once again answered that she did not know but that she was sure that God would take care of everything for them.

The mother and son returned to the room and announced that dinner was being served and the conversation was ended. Later, after the young couple had left, the mother asked the father, "Well, what did you think of Sally?"

"Well, I'm not really sure," said the father. "She doesn't seem to understand how the world works, and she and Hank have not made a plan for their future—but on the other hand, she seems to think that I'm God."

## Waiter, please...

guest of a resort hotel in a tourist area walked into the dining room where breakfast was being served. The guest sat down at a table and called a waiter to take his order. "I would like two eggs, over easy, one with the yolk overcooked and rubbery and the other under cooked with the yolk broken and running out on the plate. I would also like some sausage that has been grilled and set out on the plate to get cold, burnt toast that has also grown cold so that it crunches and crumbles into nothing at the first bite, and butter that has been in the freezer so that it is impossible to spread, and a pot of coffee that is lukewarm and very weak."

The waiter busily scratched down the guest's order and said, "This is a very complicated order, sir. It might be difficult to deliver it exactly as you have requested."

The guest replied, "But I had that exact breakfast here yesterday!"



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## Which dog will you feed?

There was once a young girl who went to her grand-mother's house, and it was her custom to ask her grandmother many questions about life.

One day the young girl came into the grandmother's cozy little house with a look of pure rage on her face.

"What has happened, little one?" the grandmother asked softly. The anger immediately left the girl's face, and she crumpled into a sobbing mass of tears.

The girl recounted her day to her grandmother. "I went to the store today, and while I was there I bought the most beautiful hair barrette. I had saved my money so that I could buy it. It was shiny and beautiful and something I wanted very badly."

"And then what happened," the kindly grandmother asked.

"Well, I went outside and was admiring my new barrette in the sunlight when three girls who I know from school came up to me. They started laughing at me and saying that I was ugly, then one of the girls pushed me down to the ground and another girl pulled the barrette from my hand. They said I was too ugly for such a beautiful thing." The girl stopped and the anger and rage returned to her face. "I hate those girls. I hate them more than anything in the world."

The old grandmother, who had been in the world for a long time, wrapped her arms warmly around her granddaughter.

"There, there," the old woman said. "I, too, have felt what you're feeling when people have taken things from me with no remorse or regret. But these feelings will wear you down and wear you out. It is like drinking a cup of poison in hope that it will make your enemy die, but in the end the poison will only hurt you. I have had these same feelings many times in life. It is as if there are two dogs inside of me. One is always good and does no harm. He is loyal and lives in harmony with me. He does not take offense in life, when it does no good to do so. He will fight when the time is right, and fight nobly, but if it would be to no avail he lets it go. The other dog is full of anger. The least little thing makes him go off, and he is ready to fight. He wants to fight everyone all the time and he doesn't really have to have a reason for the fight. His anger keeps him from thinking. His anger is helpless and will change nothing. It is hard to live with these two animals inside of me — both of them are always trying to win."

"Which one wins, grandmother?" the little girl asked.

"Ah," said the old woman, "it is always the one I feed."

#### **On impact**

If you think you're too small to have an impact, try going to bed with a mosquito. — Anita Roddick







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## **Quotable Humor**

#### On nonsense

Nonsense is good because common sense is so limited. — George Santayana

#### On aging

*Of late I appear To have reached that stage Where people look old Who are only my age.* — *Richard Armour* 

**On plagiarism** If you steal from one another, it's plagiarism; if you steal from many, it's research. — Wilson Mizner

**On logic** Logic is the art of going wrong with confidence. — Joseph Wood Crutch

#### On sincerity

*A little sincerity is a dangerous thing, and a great deal of it is absolutely fatal.* — *Oscar Wilde* 

On lies

*There are three kinds of lies: lies, damned lies and statistics.* — *Benjamin Disraeli* 

On youthful confidence

I am not young enough to know everything. — James M. Barrie



#### Something to be thankful for

God gave us our relatives; thank God we can choose our friends. — Ethel Watts Mumford

**On women** *A woman is like a teabag; you never know how strong she is until she gets into hot water. — Eleanor Roosevelt* 

**On danger** Considering how dangerous everything is, nothing is frightening. — Gertrude Stein

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## **Reflections on hangovers and their cures**

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Which the holiday party season upon us, it might be useful to reflect on the subject of the hangover. According to Harold McGee, author of On Food and Cooking: The Science and Lore of the Kitchen, remedies for hangovers go back to ancient times. McGee says that as far back as medieval times, hair of the dog was being recommended by the medical school of Salerno: "If an evening of wine does you in, more the next morning will be medicine."

McGee says that the logic of this prescription is that the person who overimbibes is actually going through a slight withdrawal from drugs. That means, generally, that the longer you feel high and continue to drink, the worse you're going to feel the next day. There are probably millions who can verify this supposition. So it goes, that if you have a drink the next morning, you are giving the body what it got used to the night before, and you will feel slightly better from halting the withdrawal and mildly anesthetizing yourself.

However, this remedy comes with a caveat: You will at some time have to go through the withdrawal, so you are merely postponing the consequences by having another drink (one should also consider that repeating this over time can also lead to alcoholism).

Caffeine-laden drinks can reverse the effects of alcohol on the cranial blood vessels (alcohol enlarges them and caffeine shrinks them). This may help eliminate headaches due to alcohol consumption. Drinking liquids can also help restore fluid to the body, which has been lost due to dehydration when drinking. Eating carbohydrates can also help the body recover from the fatigue and malaise you may feel. Exercise may also help speed up the removal of the drug from the body. But generally speaking, and sad news for many, most hangovers must be treated by the passage of time.

### You can get moving without going to the gym

If you want to get in shape, make it your business to move around more. This doesn't mean you have to do a "real workout," it just means that you need to make a conscious effort to make "action-enhancing" decisions. Here are a few suggestions for getting on the move:

- Take the stairs, not the elevator or escalator.
- After lunch, take a walk with a friend instead of sitting around the lunch table gabbing.
- Mow your lawn, and stop waiting for someone else to take care of it.
- Plant flowers.
- Play hide and seek with your kids.
- Take your dog for a walk.

The main point here is to move around more than your norm. If you're living a sedentary life, now's the time to break the pattern. Once you do, you'll feel your energy start to increase — and you'll be glad you did.





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BIG SALE. 10045 113 PL. Lake Seminole Resort Largo. New Name Brand clothing, all sizes. Beautiful potted house plants. Much more. Nov 2-4

Regency Heights Carport Sale: Friday and Saturday, November 3-4, 8am-2pm. 2550 State Rd 580, Clearwater.

Annual Craft Fair - Paradise Island - Saturday November 4th 9-3pm. Clubhouse, 1001 Starkey Rd. Largo. 50 plus Tables. Handmade items & Bake Sale

BIZAAR HOLIDAY Saturday, 11/11/2023 9am-2pm. First Lutheran Church, 1644 Nursery Rd., Clearwater. All indoor craft show. Ouestions: 727-744-3806 or eobrien2429@gmail.com. 217-251-4382 or jayneb1227@gmail. com

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12th ANNUAL ARTS & CRAFT Ranch Mobile Park. Park-wide Yard SALE - Sat., Nov. 11, 2023, 9AM-1PM Sale, Saturday, December 2nd, 8:00am Lake Haven MHP, Paradise Island - 2:00pm at 6800 - 150th Ave. N., Clubhouse 1415 Main St. (SR580 & Clearwater (Largo) Lake Haven Road) Dunedin. Art and Bay Ranch MHP Flea Market / needlework projects include greeting Bake Sale 12-02-23 8am - 1pm. cards, alcohol ink art, crocheted and Refreshments! Vendor Tables \$10. knitted items and knick-knacks for Contact: Paige 727-543-9871. 7349 home or gifts. Ulmerton Rd CRAFT FAIR 11/11/23 10 a.m. to 1 Southwind MHP Annual Craft Show p.m. AMERICANA COVE Clubhouse Bake Sale and Raffle. Saturday, 7201 1st Street NE Saint Petersburg December 2, 9-1. 795 Country Road 1, LADIES BOTIOUE SALE Teakwood Palm Harbor WEST Largo. Nov. 18th 8-2 Ohana Craft Sale 12/9/23 9AM -1PM at Ranch Clubhouse. Clothing, Shoes, Purses, Mobile Park Clubhouse. Refreshments Jewelry. Carport sale happening too! and food sale too Cash only HELLO CANADIANS! Canadian Club Carport Sale. Teakwood Village 800 Canadien Gulf Coast Florida, having Missouri Ave Largo. November 18th, survived COVID, is now regrowing to 8am-2pm. Many items for sale. 508promote fellowship among Canadians 434-1995 in Pinellas County, and foster goodwill Craft Fair 11/18/23, 9AM - 1PM at with American people. Join us; for our monthly lunch with informative Clerawater Cascade. Contact Jane speakers, weekly golf, MLB game, Boucher 903-426-3636. Janeboucher29 @gmail.com dinner/theater, museums, deep sea fishing. Your first lunch is FREE! For Palm Hill Bazar has split. Craft Bazar information, email: cccgcfl@galt.biz. Nov. 18. Christmas Flea Market Dec. 2. Both 8-1. Refreshments and bake sale at both. 401 8th Ave SW. ATTENTION RESIDENTS! Did you know this Emporium/ Craft fair/ bake sale/ lunch. November Classified listing reaches over 21,500 18th 8am-2pm. East Bay Oaks homes in Pinellas County? It goes Clubhouse: 601 Starkey Road, Largo into 60 community newsletters (just like this one) from Dunedin to St. Annual carport sale, Lincolnshire Petersburg. This is a great market to Estates: 1071 Donegan Rd. Largo Fl. sell items, advertise your next event, 33771. Saturday December 2nd 8 AM try and get help for a function, and 2 PM, over 50 homes: housewares, arts many other things. Remember to & crafts, clothes, furniture, tools and think about this the next time you're lots more. planning something. Sunset Palms MHP Craft Fair & Bake -Monthly Media Staff Sale 11/18 9am. Christmas Yard Sale 12/2 8am

## **DECEMBER AD DEADLINE - NOVEMBER 8, 2023**

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285. • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH. SHANGRI LA STAR NOVEMBER, 2023 S 37



HOW IT WORKS:

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- 2. Ask the business for your Monthly Mania ticket, OR a copy of your receipt and clip this ad
- 3. Mail it back to us at: Monthly Media | 220 Bahama St. Venice, FI 34285

#### 4. Every month we draw new tickets for CASH PRIZES and mail winners a check! Every month is a new chance to win!

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Maria Bowyer	\$10	The Plumbing Patrol
Nancy Jane Capozzi	\$10	Battleline Termite & Pest Control
Karen Doely	\$5	Air Masters of Pinellas
Gary Johnson	\$5	Battleline Termite & Pest Control
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## A manual for life

t birth, there is a manual for life that is given to each of us. Here it is:



- 1. You have received a body. It will be yours for the duration of your stay this time around. You may or may not like it, but it is yours.
- 2. Pay attention to the lessons to be learned. You are enrolled in a school that is full time and informal—it is called life. In your school, you will have chances to learn lessons. You are free to like the lessons or think that they are very stupid.
- 3. Keep in mind that there are no mistakes, just lessons to be learned. You will be involved with a process of trial and error, and this process will, with luck, incite growth. The "failures" you experience will be as much a part of your process as the parts of your life that "succeed."
- 4. You will repeat the same lesson, in its various forms, until it is learned. Then you will be free to go on to the next lesson.
- 5. Your learning in life is never over. As long as you are alive, there are lessons to be learned. There is no part of life that does not contain a lesson for you.
- 6. Places other than where you are will always look better to you, but this is a trick of the mind. It is never better to be other than what and where you are at the time. But it will always feel like you should be someplace else, be something else in order to find "happiness."
- 7. Your fellow beings are merely reflections of yourself. Whatever you love or hate about them is exactly what you love or hate about yourself.
- 8. What you make of life is up to you. You have everything you need to live life. What you do and how you live is up to you.
- 9. The answers to life's questions are within you. You just need to listen and trust your inner knowledge.
- 10. You will forget you have been told all of this.

#### Wisdom from George Burns

Actually, it only takes one drink to get me loaded. Trouble is, I can't remember if it's the thirteenth or fourteenth. — George Burns



Too bad that all the people who know how to run the country are busy driving taxicabs and cutting hair. — George Burns

> You've got to be honest; if you can fake that, you've got it made. — George Burns

